

Student: \_\_\_\_\_

Date: \_\_\_\_\_

**Skill Sheet: MDI Assistance**

| * Indicates <b>Critical Criteria</b> Items  | Possible Points | Points Awarded |
|---|-----------------|----------------|
| * Takes or verbalizes body substance isolation precautions  | 1               |                |
| <b>Prepare Medication and Equipment</b>   |                 |                |
| Obtains patient's prescribed inhaler and ensures prescription is written for patient  | 1               |                |
| <b>Check and Recheck Medication</b>   |                 |                |
| Inspects and assures integrity of the inhaler   | 1               |                |
| * Confirms that the medication is a bronchodilator (generic or a trade name)  | 1               |                |
| * Assures medication has not expired  | 1               |                |
| <b>Medication Assistance</b>  |                 |                |
| * If indicated by manufacturer packaging, shakes inhaler vigorously several times and ensures the device is at room temperature | 1               |                |
| Removes high-flow oxygen mask from the patient  | 1               |                |
| Instructs patient to exhale deeply  | 1               |                |
| * Instructs patient to place lips around the opening of the inhaler (or spacer device)  | 1               |                |
| * Instructs patient to inhale deeply as the inhaler is simultaneously depressed   | 1               |                |
| Instructs patient to hold their breath for as long as comfortably possible and exhale through pursed lips if able               | 1               |                |
| Replaces the oxygen mask on the patient   | 1               |                |
| <b>Monitor the Patient</b>  |                 |                |
| * Demonstrates/verbalizes reassessments of patient appropriate to MDI assistance  | 1               |                |
| <b>* Total Points</b>   | <b>13</b>       |                |

**Critical Criteria**

- \_\_\_ Did not use appropriate standard precautions
- \_\_\_ Did not assure medication was correct and had not expired
- \_\_\_ Did not appropriately mix the medication by shaking MDI prior to assistance
- \_\_\_ Did not assure patient created seal with mouth around MDI
- \_\_\_ Did not depress MDI when patient inhaled
- \_\_\_ Did not reassess patient after medication assistance for desired or adverse effects
- \_\_\_ Did not obtain a minimum score of 10

Proctor's name and certification/license level \_\_\_\_\_

☐

Pass

☐

Fail